

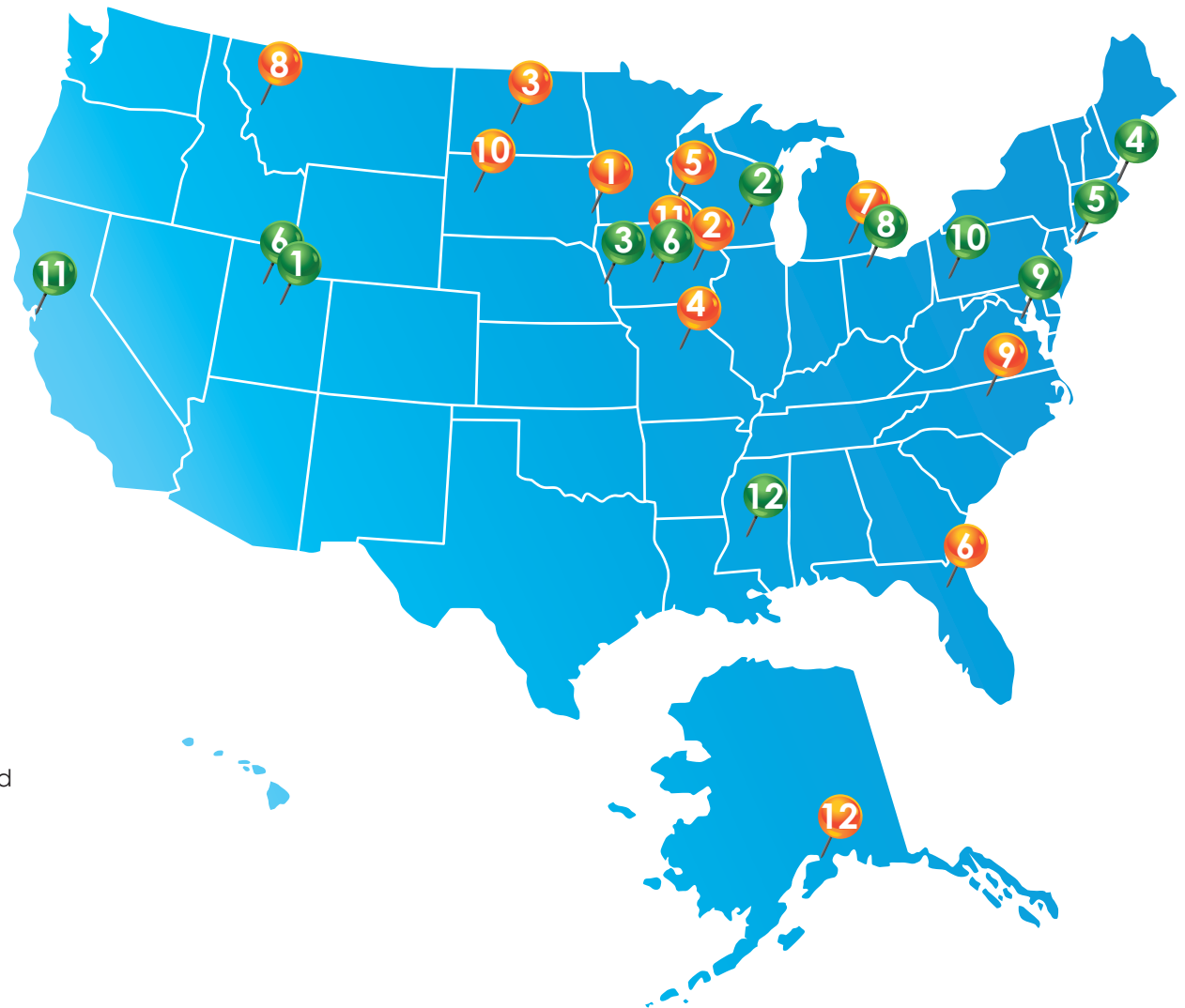
Best Cities for Successful Aging

Top Small Metros

1. Sioux Falls
South Dakota
2. Iowa City
Iowa
3. Bismarck
North Dakota
4. Columbia
Missouri
5. Rochester
Minnesota
6. Gainesville
Florida
7. Ann Arbor
Michigan
8. Missoula
Montana
9. Durham-Chapel Hill
North Carolina
10. Rapid City
South Dakota
11. Ames
Iowa
12. Anchorage
Alaska

Top Large Metros

1. Provo-Orem
Utah
2. Madison
Wisconsin
3. Omaha-Council Bluffs
Nebraska-Iowa
4. Boston-Cambridge-Quincy
Massachusetts-New Hampshire
5. New York-Northern New Jersey-Long Island
New York-New Jersey-Pennsylvania
6. Des Moines (tie)
Iowa
6. Salt Lake City (tie)
Utah
8. Toledo
Ohio
9. Washington-Arlington-Alexandria
District of Columbia-Virginia-Maryland-West Virginia
10. Pittsburgh
Pennsylvania
11. San Francisco-Oakland-Fremont
California
12. Jackson
Mississippi



Factors used to determine quality of life for the top-ranked cities include:

- Being healthy and happy ●
- Living in a safe, affordable and comfortable place ●
- Being financially secure ●
- Mobility and access to convenient transportation systems ●
- Being physically, intellectually and culturally enriched, and connected to the community ●